

# A BRIEF ME- THOD OF CATECHIZING

Wherein  
Are handled these foure Points

1. How miserable all men are by Nature;
2. What remedy GOD hath appointed for their deliverance.
3. How they must Live that are delivered.
4. What helps they must use to that end,

The same Points are all contracted; and a form of  
examining Communicants added, with Prayers be-  
fore and after Meane.

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1 PET. 3. 15, 16.

Be ready alwaies to give an answer to every man  
that asketh you a reason of the hope that is in  
you with meeknesse and feare.

*E. gorton*

The 44 Edition.

LONDON.

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To the Christian Reader.



Blasping by the often and many  
Impression. of this little Cate-  
chisme, the generall passage,  
and good acceptance it hath  
had with many people; I was  
moved once more to peruse and  
amend it, especially in regard  
of the Quotations? being much  
grieved that I did not take this taske in hand, du-  
ring the life of that blessed Servant of God, and  
faithfull Minister of the Gospell of Iesus Christ,  
for whom I had the first project thereof, and  
by whom I was drawne to put it to the Presse; by  
whose death the Church wherein I lived lost a  
most vigilant Pastor, and I a most true and ancient  
Friend, faithfull and loving as *Isaiah* to *David*:  
by means of which losse I did unwillingly under-  
take this small labour: yet something I thought  
good to doe herein.

The additions, detractions, and alterations which  
I have made, are very few and small, and such as  
(I hope) neither the iudicious will dislike, nor the  
unlearned stumble at. The chiefe thing I desired  
and ondeavoured was, that the quotations might  
be more fit and plentifull: which thing if I have  
(as my hope is) in some measure attained unto  
then let me requira thee to keepe in remembrance

*To the Christian Reader.*

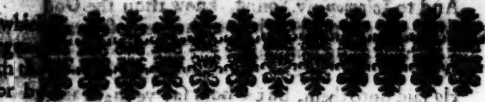
and to put in practice my former admonition, which  
was, that the Scriptures quoted in the Margin  
might be diligently searched and compared with the  
answer which they are brought to prove. For by  
this meanes though thou proceed more slowly, yet  
thou shalt walke more surely, and profit more sound-  
ly by this Christian and necessary exercise, of Cate-  
chising; when by this meanes thy Faith and Con-  
science shall be grounded, not upon the weake and  
unperfect speeches of sinfull men, but upon the pure  
and sure word of the Spirit of GOD. To whose  
most blessed and holy direction and blessing, I com-  
mend and commit thee now and ever.

*Thine in the Lord,*

**ST. HUBERT**

**plac**





**Places of Scripture shewing the  
necessity and antiquity of Carechi-  
zing, as well privately as  
publicly.**

*Testimonies.*

**T**Hese words which I command thee  
this day, shall be in thy heart, and  
thou shalt rehearse them continu-  
ally (setting an edge upon) unto thy  
Children: and thou shalt talk of them  
when thou tarriest in thy house, &c- Deut 6. 6  
7. 8

For Precept must be upon precept, precept upon  
precept, Line unto line, line unto line, here a little, Esa 28. 10  
and there a little.

Therefore leaving the Doctrine of the beginning Heb 6. 12  
of Christ, let us be led forward to Perfection, not  
laying againe the foundation of Repentance from  
dead workes, and of Faith to God, &c.

And the Lord said, shall I hide from ~~Abraham~~ *Abraham*  
that thing which I doe; For I know him, that he Gen 18.  
will command his Sonnes; and his household after  
him, &c.



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A PRAYER BEFORE  
THE EXERCISE.



O ft blessed lord and  
heavenly father, wee  
acknowledge and con-  
fesse befoze thy Maie-  
sty, that we are dull to  
conceine, weak to re-  
member, hard to beleue, and slow to  
practice the wholsome Instructions,  
fearefull threatnings, and gracions pro-  
mises of thy heavenly Word, Where-  
fore we humbly beseech thee to be pre-  
sent with vs at this time to teach us,  
and blesse us, and to make this exercise  
of thy holy Word, powerfull and profit-  
table unto us, O Lord, enlighten our  
minde, that we may understand: open  
our hearts, that wee may beleue; and  
so strengthen our memories, that wee  
may hide and lay up thy promises, pre-  
cepts, and threatnings in our hearts,  
to keepe us from sinning against thee,

and though by the corruption of our nature,  
we thinke every good thing tedious  
and unlaborie, yet we pray the to sanctifie  
and sweeten the same unto us by  
thy holy Spirit; that we may find more  
comfort therein than in any worldly or  
bodily exercise whatsoever. And grant,  
O Lord our God, that this true joy and  
sound delight may make us watchfull to  
redeeme the time, and constant in performing  
this holy duty, to the daily increase of Faith,  
and a good Conscience,  
to thy glory and our owne Salvation,  
through our Lord and Saviour  
Jesus Christ:  
To whom with the and the holy  
Ghost, be given all honour  
and glory for ever.  
Amen.



**A BRIEFE METHOD . OF**

**Catechizing, wherein are handled  
these foure Points.**

- 1 *How miserable all men are by Nature.*
- 2 *What remedy God hath appointed for their deliverance.*
- 3 *How they must live that are delivered.*
- 4 *What helpe they must use to that end.*

*Certaine generall Questions.*

**Q** What Religion are you.

**A.** Of the Christian Religion.

*Religion.*

**Q.** What Religion is that:

*Act 11.26*

*& 4. 12*

**A.** That which teacheth men looke for  
true and eternall happines by Christ alone.

**Q.** Where is this Religion taught:

**A.** In the holy Scriptures of the *Old Scriptures*  
and new Testament, which are given us  
of God, to testifie of Christ, to be a perfect  
Rule of sound Doctrine and good life. *Ioh. 5. 19, 2 Tim 3. 16*

**Q.** What learne you generally out of the  
Scriptures:

**A.** Two things: The knowledge of  
God, and our selves, wherein standeth our  
true happinesse. *Ioh. 12. 21 Rom. 7. 9*

**Q.** What is GOD;

**A.** God is a spirituall Essence, that GOD.  
hath

Ioh 4. 24. **hath his being of himselfe.**  
& 1. 58

Q. What be the properties of God?

Exo 3. 14 A. They be of two sorts: some are incommunicable with the Creatures, and  
Acts 17. 28 some are communicable.  
Esay 42. 8

Q. What be his incommunicable properties?

1 Ioh 1. 5 A. Simplicite without mixture, eternitie without beginning or end, and  
Revel 1. 8 infinitetie or incomprehensiblenesse.  
1 Kin 8. 27

Ioh 24. 19 Q. What be his communicable properties?  
1 Tim 1. 17

Revel 1. 8 A. They are chiefly five: Holinesse, Wisdome, Power, Justice, Goodnesse,  
Gen 18. 25 all which are Eternall, Infinite and Unchangable like himselfe.  
Nat 9. 17  
Lam 1. 16

Q. Is there any more then one only true God?

1 Ioh 5. 7 A. No: but this one God hath made himselfe knowne to vs in three several persons the Father the Sonne, and the Holy Ghost.

Decees. Q. What are the workes of God?

Acts 15. 26 A. They are generally three whercof the first is the Decreeing and fore appain  
& 2. 23 ting of all things before all time to his  
Prov 19. 4 owne glory.

Q. What speciall thinges hath God foreseene and appointed;

A. H

A. He hath appointed some men' called *Predesti-*  
therefore his elect and chosen ) to eterna *nation.*  
glory, and others to eternall fire. *Mat 25. 46*

Q. What is the second worke.

A. The making of all things in the be- *Gen 1. 31*  
ginning exceeding good in their severall *Col 1. 12*  
kinds.

Q. VWhat is the third?

A. The ruling and governing of all *Govr-*  
things, most wisely, mightily, and righte- *ous.*  
ously. *Prov 16. 33*

Q. How did God make mankind?

A. He made the man of the dust of the *Gen 2. 7. 28*  
Earth and woman out of Man, and both *& 1. 22. 17*  
of them Male as well as Female in his  
owne Image.

Q. VWherein standeth the Image of  
GOD?

A. Chiefly in these three things. Know- *Col 3. 10*  
ledge, Righteousnesse, and true Holinesse. *Eph 4. 14*

*The first Principall point.*

Q. Did Man and woman thus made con-  
sue in this holy and blessed estate?

A. No: they fell from it and became most *Man fall*  
uncleane, cursed and miserable creatures. *Gen 3. 12*

Q. How did they fall?

A. By the inticement of the Diuell, and *Eccl 7. 31*  
their owne willfull disobedience, in brea- *2 Cor 11. 3*  
king *1 Tim 2. 14*

king the Commandment of God.

*Original* Q. What came to us there posterity thereby;

*guiltiness* A. These things: Guiltinesse of their  
and Cor- sin, corruption of nature, bondage to Sa-  
ruption. tan, and continuall sinning against God, in  
Rom 5. 2 thought, word, and deed.

Gen 6. 5. Q. What is sinne:

1 Cor 2. 4 A. Sinne is an offence against God, or  
Job 3. 7 a breach of Gods Law.

Psal 51. 4 Q. What is Guiltinesse:

John 3. 4 A. The merit and desert of sinne, ma-  
Dan 6. 8 king the creature sinning, subject to wrath  
Mat 6. 12 and punishment.

*ment* Qu. What is the Punishment of sinne:

Gen 3. 22 A. The losse of Gods favour and former  
Deu 28. 61 happinesse, with the due deserving of all  
Rom 6. 23 plagues in this world, and hell-fire in the  
Mark 5. 44 world to come.

Q. How came these things to us their  
Posterity by their fall:

Mal. 1. 10 A. Because Adam and Eve were the  
Heb. 7. 9 common Parents of us all, and the very  
20. Stock and root from whence all mankind  
did spring.

om. 3. 10. Q. Are all men sinners:

11. 12 A. Yea: all men have sinned and fall of  
Kin 8. 46 the glory of God. There is none that doth  
Ioh 1. 6. 7 good nor one.

Q. And



Q. And are all subject to this punish,

A. Yea: all without exception are the children of wrath, and bond slaves of Satan. Rom. 6. 23  
Ezek 18. 4

Q. How may wee be touched with the sense and feeling of our sinnes;

A. If we consider the multitude, and gainfulness of them, being committed against the glorious Majesty of God, and his most pure and unchangeable Law. Deu 32. 6  
Psal 40. 12  
1 Cor 20. 12  
Heb 10. 31  
& 12. 29

Q. How may we be touched with feare and horror of the punishment?

A. If we consider how many and how grievous Gods iudgements are in this life, and how intollerable and endlesse in the life to come. Mark 9. 43  
44

Q. What ought this feeling and feare to worke in us:

A. An bitter loathing and dislike of our selves, with an earnest desire and carefull labouring after the remedy prescribed in the Gospel. Lev. 13. 41  
Job 42. 6  
Mat 11. 28  
Luke 5. 17  
18.

*The second Principall point,*

Q. What Remedy is there against this misery.

A. None at all, either in our selves, or in any Creature, but onely in Jesus Christ. Acts 4. 12  
Rom. 7. 24  
25.

Q. What

*A briefe Catechisme.*

**Q.** What is Christ?

**Christ.**

**1 Cor 1. 30**

**A.** The eternall Sonne of God, and second person in Trinity, both God and Man.

**Joh 1. 14**

**Q.** How came Christ to be man?

**Luke 1. 35**

**A.** By taking our nature to himselfe, being conceived of the holy Ghost, and borne by the Virgin Mary.

**Q.** Why was it needfull he should be Man?

**Christ-**

**man**

**Joh 1. 14**

**Luke 35**

**Christ-**

**God.**

**Heb 4. 14**

**& 7. 51**

**Q.**

**A.**

**Because**

**else**

**he**

**could**

**not**

**have**

**done**

**that**

**perfect**

**righteousnesse,**

**which**

**the**

**Divine**

**justice**

**required.**

**Redemp-**

**tion.**

**Q.**

**What**

**hath**

**Christ**

**done**

**for**

**man?**

**A.**

**He**

**hath**

**fully**

**paid**

**the**

**price**

**of**

**our**

**sinnes,**

**against**

**the**

**sinne**

**of**

**all**

**the**

**elect,**

**freeing**

**them**

**from**

**sinne**

**and**

**death,**

**by**

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**owne**

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**sufferings,**

**and**

**so**

**is**

**made**

**unto**

**us**

**Redemption.**

**Righte-**

**ousnesse.**

**Q.**

**What**

**else**

**hath**

**he**

**done?**

**A.**

**He**

**hath**

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**Divine**

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**is**

**made**

**unto**

**us**

**Redemption.**

**Righte-**

**ousnesse.**

**Q.**

**What**

**else**

**hath**

**he**

**done?**

**A.**

**He**

**hath**

**fulfilled**

**for**

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**Redemption.**

**Righte-**

**ousnesse.**

**Q.**

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**A.**

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**us**

**Redemption.**

**Righte-**

**ousnesse.**

**Q.**

**What**

**else**

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**done?**

**A.**

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**ousnesse.**

**Q.**

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**Redemption.**

**Righte-**

**ousnesse.**

**Q.**

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**Righte-**

**ousnesse.**

**Q.**

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**he**

**done?**

**A.**

**He**

**hath**

**fulfilled**

**for**

**them**

**that**

**per-**

**fect**

**righteousnesse,**

**which**

**the**

**Divine**

**justice**

**required,**

Righteousnesse.

Q. What blessing and reward doe men  
and reape by the obedience and righteousnesse  
of Christ?

A. By him they have Adoption, that is  
they are made the Children of God, and  
Heires of eternall glory.

Adoption.

John 1. 12

Gal 4. 5

Ephes 1. 5

Q. What else hath Christ done for us?

A. He hath sanctified our nature in his  
owne person, and doth sanctifie us daily by  
his Spirit, and so is made our Sanctifi-  
cation.

Sanctifi-  
cation.

Rom 8. 2

1 Cor 1. 30

Heb 1. 11

Q. Doe men perfectly enjoy all these be-  
benefits in this life?

Ioh 17. 19

Sanctifi-  
cation im-

A. They are fully iustified in the sight  
of God, and adopted into the number of  
his Children, but not wholly freed from  
sinne till after death.

perfect.

Ioh 13. 20

Rom 7. 13

24

Q. How then can any thing that proce-  
edeth from us be pleasing to God?

Ioh 3. 1

Interessi-

A. Because Christ sitting at his right  
hand a Mediatour, maketh our duties  
(though weake and imperfect) acceptable  
unto his Father.

Interessi-

Rom 8. 32

Ioh 2. 1

1 Pet 2. 5

Q. Who are partakers of these benefits  
by Christ?

A. Onely such as com unto him, that  
believe in his Name.

Matt 12. 30

Ioh 6. 28

Q. What is it to believe in Christ

A. It

*Faith.*

Mat. 1. 21

Luk 2. 10

Ioh 1. 12

& 3. 16

Mat. 5. 39

Ioh. 6. 19

& 3. 16

Act. 16. 30

21.

A. To be truly perswaded that he is  
Saviour even to us.

Q. What encouragement have we to be-  
leeve in Christ :

A. Because we are commanded and ex-  
horted so to doe, and for that he is offered  
freely unto us of God with this only con-  
dition, to beleeve in him.

Q. Is it for the worthinesse of our faith  
that we are saved :

A. No ( for wee beleeue in part ) be-  
cause only for the worthinesse of Jesus Christ  
upon whom faith layeth hold.

Q. Is it in our power to beleeue :

A. No : It is the gift of God to his  
Children wrought in their hearts by the  
holy Ghost, through the preaching of the  
word.

*The third Principall point.*

Q. Seeing we are saved ouely by Christ  
through faith, may not wee live as we good  
list.

A. No : for the Gospell teacheth us to  
deny all ungodlinesse and worldly lusts and  
and Christ dyed to purchase us to himselfe  
a peculiar people, zealous of good workes.

Q. What workes are to be accounted  
good-

workes. A. Such as proceeds from Faith, and

be done to the glory of God, and grounded upon the Word of God.

Q What call you the first and continuall worke of Gods spirit in the faithfull?

A. Repentance: that is, such a changing and renewing of the heart, as bringeth forth a new life and conversation.

Q. What be the parts of Repentance?

A. Two: that is, a dying to sinne, and living to righteousness: or the putting off the old man, and putting on the new.

Q Whence doe these two spring?

A. From the power and vertue of Christs death and resurrection, into whom we are ingrafted by Faith.

Q. Wherein doth Repentance chiefly appear?

A. In the changing of the thoughts, affections and purposes of our hearts.

Q. Why should wee repent and doe good workes, seeing we are not saved by them?

A. Because God requireth them at our hands: and that no unrighteous person shall enter into the kingdome of God.

Q. Wherefore else?

A. To glorifie God our heavenly Father, and to shew our selves thankful.

Acts 13

Heb 11

1 Cor 10. 3

Rev 14, 13

repentance

Mar 3. 7. 8

& 12. 33

34. 35

rom 12. 11

& 6. 11

& 6. 3. 4. 5

Eph 4. 3

23. 4

loh 15. 1. 2

Rom 2. 28

29 & 7. 22

& 12. 2

Eph 4. 22

23

Motives to

Repentance

and good

workes.

Eph 2. 10

1 Cor 6. 9

10

Mat 5. 16

2 Pet 1. 9

1 Pet 2. 9

2 Pet 3. 2 full for all his benefits, especially for our  
 2 Pet 1. 10 redemption through Jesus Christ.

& 3. 12

Q. Is there any other reason?

A. Yea: for by this meanes we may  
 winne others to God, and make sure our  
 ownetaking and election to our selves.

Q. How can we have any assurance of our  
 calling and election by workes?

Gal 5. 6

Iams 2. 14

Iohn 2. 6. 7

A. Because they shew whether our  
 faith in Christ be true or counterfeit, li-  
 ving or dead.

Q. What workes doe cheifely shew this?

Rom 5. 9

& 2. 29

Ioh 3. 1. 17

& 13. 14

1 Ioh 5. 4

A. Peace of conscience, uprightnesse  
 of heart, the true feare and love of God  
 and our brethren, striving against sinne,  
 victoꝝy over the world, and such like.

Q. What other witnesses have the faith-  
 full;

Rom 8. 16

Ioh 5. 6. 7

8

A. They have the Spirit of God bea-  
 ring witness to their spirits, that they be  
 the children of God.

Q. Doe these witnesses never faile the  
 faithfull?

Luk 12. 31

32 36. 37

Psal 51. 9

10. 11.

A. They may be overshadowed in the  
 by the malice of Satan, and conscience  
 sinne: but never finally and wholly take  
 away.

Q. Why so?

A. Because they are grounded upon

the everlasting purpose and faithfull promises of Almighty God.

Ephes 1. 4  
Heb 6. 12  
Ioh 10. 28

Q Doe our workes deserve nothing at Gods hand?

A. No: for they are his owne workes in us, and a debt most due to him: besides in as they are spotted and imperfect: and finally, we are freely justified by Faith before we doe them.

Phil 2. 13  
Luk 17. 10  
Heb 11. 6  
Isay 64. 5

Q There are strong perswasions to live godly, but is there no rewarder for good workes?

A. Yea: exceeding great, both in this life, and especially in the life to come.

Gal 5. 7  
1 Tim 4. 8  
mat 19. 19  
1 Cor 15. 58

Q. Commend this by a worthinesse or merit of our workes.

A. No: but only of the free fauour and faithfull promise of God through the merit and obedience of Iesus Christ.

2 Cor 4. 17  
2 Tim 4. 8  
Rom 6. 13  
Heb 6. 10

Q. VVhat other spurges haue we to good workes;

A. The lively remembrance of Gods benefitts past and present, and his promise of assurance in time of need.

Psal 116. 12  
Heb 13. 6  
A& 17. 28

*The fourth principle point.*

Q. VVhat meanes hath God appointed to continue and increase his Graces to us?

A. They are generally of two sorts:

Sam 6.13 **publike end private.**

24. 20. **Q.** What shall wee say of them that want both these;

Ephe 2.12 **A.** That there estate is very fearefull,  
Pro. 29.18 **and for ought we know plaine damnable.**

**Q.** And what of such as hauing the means do either refuse, or abuse them?

Act 14.16 **A.** That they be farre more inuercusable  
1 Chro. 11 **before the iudgement seate of God.**

Mat 11.22 **Q.** How must these meanes be used;

1 Tim 2.1 **A.** With such wisdome, uprightness,  
Mat 28.18 **serbency, humility, & constancy, as we may**  
19.20 **feel fruit and comfort thereby.**

Act 15.21 **Q.** What are the publike meanes?

1 Cor. 11 **A.** They are foure: Prayer, the word  
23. **preached, Sacraments, and discipline.**

Mat 18.15 **Q.** What is Prayer:

Psal 50.15 **A.** It is a Religious calling upon God  
Col 3.17 **alone, in the name of Christ, craching the**  
Dan 9.5 &c **things we want, and giuing thanks for**  
Iam 16.7 **those we haue.**

43 & 5 **Q.** When do we pray right,

Luy 15.17 **A.** When they aske things lawfull to a  
gen. 18.27 **right end, and come with faith in Christ,**  
Mar 11.25 **feeling of their owne wants, reuerence of**  
Iam 5.16 **God, and love to their brethren.**

Luke 18.1 **Q.** What else is required of Prayers

2 &c, **A.** It must be serbent and earnest, and  
athel 5.27 **also constant and continuall.**

**Q.** what



Q. VVhat call you preaching:

Preaching

A. When the word of God is truly expounded, and profitably applied in the doctrine, exhortation, rebuke and comfort

nehem 8. 8

Luke 4. 23

1 Cor 14. 3

2 Tim 3. 16

Q. How may we profit by the word preached:

A. If being perswaded that it is Gods ordinance we come with prayer, heare with attention and application, and after call to mind what we have heard, to put in practice

Rom 1. 16

Luke 8. 18

Acts 12. 17

Luk 11. 28

Q. VVhat say you of the word read:

Reading.

A. It is a part of Gods Ordinance, yet much more effectuell when it is preached.

Act 13. 15

1 Cor 14

24. 25

*Thus much of Prayer, and  
of the word,*

Q. VVhat is a Sacrament:

Sacraments

A. It is a holy signe and a seale ordained of God to assure us of his love to us in Christ and to testifie and confirme our faith and obedience to him, and our love and fellowship one with another.

Rom 3. 11

1 Cor 10.

16

Q. How is it a signe, and how is its seale

A. It is a signe, because it setteth forth Christ and his benefits, to the outward senses of all: and a seale, because it doth effectually apply the same to the faithfull Receiver.

Corro.

Q. How many Sacraments are there

1 Cor 12. 13. **A. Two: Baptisme and the Lords Supper.**

**Baptisme.** **Q. VVhat is Baptisme:**

**A. The Sacrament of the new and spirituall birth assuring us by the due sprinkling of water, that wee are cleansed from our sinnes by the blood of Christ and sanctified by his spirit.**

**Q. What else doth it teach and assure us of,**

**A. Dying to sinne and living to righteousness: it is also a pledge of the resurrection of our bodies after death.**

**Q. Why are we baptized in the Name of the Father, the Sonne, and the Holy Ghost.**

**A. To teach and assure us of our communion with one God in thre persons?**

**Q. Why are Infants baptized:**

**A. Because the Covenant and promise of Gods made to the Faithfull, & to their Seed.**

**Q. What is the Lords Supper:**

**A. The Sacrament of our spiritual nourishment, assuring us by Bread and Wine, duly given and received, that Christ we shall be nourished to eternall life.**

**Q. May all who professe Christianity be admitted**

admitted as worthy Receivers

A. No: but onely such as can, and also doe diligently proue, examine, and try themselves. 1 Cor 11. 28. 29

Q. Wherein must Christians examine and proue themselves.

A. Whether they know the grounds of Religion, beleue in Christ, hate their Sinne, and loue their brethren. Prov 19. 2  
1 Cor 13. 5  
Luk 13. 5  
Math 6. 12

Q. VVhat if men cannot find those things in themselves;

A. Then they must forbear till God haue wrought them, using carefully all other helpes appointed for that purpose. 1 Cor 11. 26. 27  
Exod 10. 7

Q. VVhat and if they find them weake and feeble;

A. Then they may and ought to receive to be further there strengthened. mat 11. 12  
& 12. 20

Q. VVhat is Discipline Discipline.

A. That order and power which God hath left to his Church to amold offences and to recover such as doe fall. Mat 18. 15  
16 &c.

Q. VVhat is this Power called, in the Scripture

A. It is called the Keyes of the Kingdome of Heauen, and the power of binding and loosing. Mat 16. 19  
Luk 12. 12

Q. Why so:

A. Because the Repentant are as it were Ioh 20. 23  
Luk 7. 40

Acts 8<sup>23</sup> were loosed and let into heauen, by a pply-  
 ing the promise of forgiveness of finnes, &  
 for 5<sup>5</sup> the obstinate bound and shut out.

Q. Is it lawfull for euery man to preach  
 and to administer the Sacraments and Disci-  
 pline, and to pray publike?

rom 10<sup>35</sup> A. No: it is utterly unlawfull for any  
 Heb 5. 4 man, except he be lawfully called there-  
 2 Sam 6<sup>7</sup> to.  
 1 Ch 26<sup>10</sup> to.

1 Sam 26. Q. May we not rest in these publike  
 19 meares:

Psal 4 4 A. No: for wee cannot alwayes haue  
 Act 17 11 them, and the word of God, and our infor-  
 Math 6, 6 mity requireth priuate also.

Q. What is the first priuate helpe,  
 Read 11, A. Reading of good booke, and especi-  
 Lu 10. 26 ally the Booke of God, fitly called the Bible  
 Mat 24. 11 ble, as if it were the onely Booke of  
 Revel 1 3 Wotes.  
 Deut 17. 10 Wotes.

1 Tim 1. 13 Q. What is the fruit of reading?  
 Dan 9. 2 A. It is a meanes to increas knowledge  
 Deut 7. 18 and conscience, and to make us heare the  
 19, 20, word with more fruit  
 Act 17. 11

Q. What is the second priuate helpe:  
 Meditation. A. Meditation: that is, an earnest thing  
 Psal 119 ing upon profitable things, as the Word  
 11. 27 97 and workes of God, his Judgements, and  
 Rom 15. 4 mercy towards others, but especially to-  
 wards our selues.

what

Q. What is the fruit of meditation?  
 A. Not only to keepe the mind free from  
 wicked and idle thoughts, but also to fill it  
 with some holy and profitable matter.

Psal 1. 2

Mar 6. 29

Psal 119

Q. What is the third helpe?

25. 27. 97

A. Prayer, which must be daily offered  
 up to God in private, that hee may have  
 the glory of pardoning of our daily sinnes.  
 and of sanctifying our good labours and rest  
 unto us.

Col 3. 12

Prayer.

Col 4. 1

2 Tim 4. 5

Math 6. 6

Q. What is the fourth helpe?

A. Godly conference instructing, rebuk  
 ing, exhorting, comforting one another in  
 wisdom and love.

Conference.

Heb 3. 13

& 10. 24

Exod 28. 8

Q. What is the fifth helpe?

Mal 3. 16

A. A carefull practice of that we know  
 without which we shall never truly tast  
 the vertue of religion and power of god  
 nesse.

Pract ce.

Ioh 7. 17 &

13. 10

Luke 8. 18

Q. Are the labours of our calling any  
 hinderance of godlinesse?

A. No: but great helpes if they be per  
 formed in due time with conscience cheer  
 nesse, and moderation, not quenching  
 the love and care of better things

Ephes 6. 5

& c.

Acts 18. 3

& 20. 34

Q. How shall we attaine this modera  
 tion?

A. If we be verily perswaded, that  
 our happinesse consisteth not in outward  
 things

Luke 15 things, but is layd by for us in the life to come.

Mat 16:26 Q. VVhat helpe receive Christians from Goyerners and Magistrates, both private and publike;

Gal 5:25 A. VVery great: for by their authority they are bridled from sinne, and encouraged in vertue and under them live a godly and peaceable life:

Q. VVhat will the enjoying and right use of all these meanes worke in Gods Children;

A. A most happy and comfortable change from that which they were before even in this life.

Q. VVhat becometh of them after this life?

A. The soule goeth immediately into the Paradise of God, and the body shall be raised up at the last day, and joyned with the same in glory for ever.

The foure Principall points contracted and divided into even parts every part containing ten

Questions.

Q. VVhat is the estate of every naturall man?

to A. Very miserable, and in no wise to be distressed in.

Q. What maketh his estate so bad

A. Three things: sinne and the punishment thereof.

Q. What call you sinne?

A. Every breach of Gods Law.

Q. How doth men breake the Law of God?

A. By doing thinges so2bidden, leaving thinges commanded, or failing in the manner.

Q. What is the punishment of sinne

A. All inferies in this life, death in the end, and hell ever after.

Q. Is sinne such a dangerous thing?

A. Yea: it is the most hainous and bath one thing in the world.

Q. How appeareth that,

A. Both by the punishment, and by the person against whom it is committed.

Q. VVho is that,

A. Almighty God, whose Holinesse, Power, Justice and goodnesse is infinite and unspeakable.

Q. VVhat shall a man doe in that wo- full estate?

A. Bewaile his misery, and hasten to get out of it.

Eph 2.25

84.17.18

Rom 7.14

Esay 50.2

Rom 6.23

8.2.25

1 Ioh 3.4

Psal 51.9

Esay 1.16

Dan 9.6

Ezec 33.31

num 22.10

Esay 64.6

Deu 17.25

18.15 &c.

1 Iu 18.23

18.

Prov 15.9

8.21.27

Esay 1.13

14 &c.

Iere 2.19,

Math 9.43

44.

Iob 34.18

Rev 19.10

Esay 6.3

1 Sam 2.25

1 Cor 10.2

Psal 36.5

Deut 32.2

Heb 10.2

**Q.** Is he able of himselfe to do this;

**A.** No: and besides he hath three ene-  
*Luk 15. 17* **As** 1. **emies** the Flesh, the Diabell, and the **Will**;  
*26. 29. 30* that will labour to hold him in it.

*Heb 12. 1*

*Luk 11. 31*

*Eph 6. 12*

*The second part.*

**Q.** VVhere shall a man find helpe:

**A.** Onely in Iesus Christ, the only be-  
*Deliverance*  
*Acts 4. 12* gotten Sonne of God.

**Q.** VVhat hath he done to deliuer man  
 out of misery:

**A.** He became man, and in our nature  
*Ioh 1. 14* fulfilled all righteounesse, doing and suffer-  
*Math 3. 15* ring whatsoeuer belanged to the full satisfac-  
 tion of the Law and justice of God.

**Q.** How hath he done this?

**A.** By bearing for vs the punishment  
*Gal 3. 13*  
*Rom 4. 25* which the Law threatened, and fulfilling  
 the righteounesse which the Law requir-  
 ed.

**Q.** How did Christ beare the punishment  
 due to sinne by the Law:

**A.** By enduring manifold miseries all  
*Mat 2. 14*  
*Luk 9. 58* his life time, and in the end the wrath of  
*hil 2. 8* God and the cursed death of the crosse.

**Q.** How did he worke the righteounesse  
 required by the Law:

**A.** By being obedient unto the Will of  
*Gal 3. 15*  
*2. 12* God in thought, word and deed, all his life

**Q.** VVhat



Q. What benefit haue men by Christ his death and sufferings?

A. Deliverance from sinne, and punishment thereof. 1 Cor 15. 16. 37

Q. And what by his Righteousnesse and obedience? Heb 2. 14. 15

A. The favour of God, and everlasting happinesse. Rom 5. 18. 19

Q. How may men obtaine these benefits by Christ? Gal 4. 4. 5. 6.

A. Onely by a true Faith in him. Iohn 8. 13

Q. What is a true Faith in Christ?

A. An assurance that by his sufferings our sinnes are forgiven, and by his righteousness the favour of God, and everlasting life is obtained for us. Iohn 7. 69

Q. Is it in our power to beleue;

A. No: it is the gift of God by the working of his Spirit, through the preaching of the Gospel. Rom 1. 16. 17 & 10. 17. Ephes 2. 8. Gul 5. 22

### The third Part

Q. Shall all Beloevers haue benefit by Christs Death?

A. All that doe truly beleue shall: Godly life, but there is a dead Faith, that profiteth nothing. Ioh 3. 16. Iam 2. 14

Q. How is the true Faith perceived?

A. By

Jam 2.18, A. By the fruits thereof, and namely  
1 Ioh 3.3 by Repentance.  
Luk 19.8,9 Q. Why so?

A. Because wheresoever Gods Spirit  
Acts 15.9 worketh true faith, there he worketh re-  
pentance also.

Math 3.8 Q. What is Repentance;

Rom 12.2 A. Such a change of the heart and brin-  
Eph 1.16 geth forth a reformed life:

Q. Whence cometh this change:

Luk 7.47 A. Especialy from the sight and feeling  
1 Ioh 4.19 of Gods mercy towards us in Christ.

Q. From what is the heart changed:

Ioh 3.15 A. From the love of the world to the  
Philem 11 love of God: from carelesnesse to conscie-  
Tit 2.12 ence and desire to please God.

1 Ioh 3.15 Q. What is the change called:

2 Cor 5.17 A. It is called in the Scripture, a new  
Gal 6.15 Creature.

Q. How doth it appere,

A. When in word and deed we endeavour  
Psal 34.14 our selves in that which is good.  
Rom 12.9  
Eph 4.25

Q. Is this change of heart and mind per-  
fect in any:

Mat 9.2 A. No: we beleue not perfectly, and  
1 Cor 13.9 therefore we cannot love perfectly: but  
Heb 6.13 we must strive to perfection.  
Phil 3.1  
1 Pet 2.2

Q. How must we strive:

A. I

**A.** By the diligent use of the meanes which God hath appointed for our increase of faith and Repenſance.

*The fourth part*

**Q.** What are the publike meanes?  
**A.** They are chiefly three: hearing the Word: receiving the Sacraments, and praying in Prayer.

**Q.** What are the Sacraments?  
**A.** Certaine outward ſignes and ſeales appointed of God, to assure us that Chriſt and all his benefits are given unto us.

**Q.** How many Sacraments are there?  
**A.** Two: baptiſme and the Lords Supper.

**Q.** How doth Baptiſme assure vs;  
**A.** That being ingrafted into Chriſt we are waſhed from our ſins by his blood and borne a new to God.

**Q.** What doth the Lords Supper assure us of;

**A.** It doth further warrant us that Chriſt is given to us to be our ſpirituall nourishment to everlaſting life

**Q.** VVho make eth the right use of the Sacraments

**A.** He that is thereby daily confirmed in

Thal. 19. 20

Helpe to godlineſſe.

Ro 10. 14

Luk 22. 19

1 Tim 2. 1

Rom 4. 11

1 Cor 10

16.

1 Cor 10: 3

3. 4.

Titus 3. 5

1 Pet 3. 2

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

1 Cor 10

16. 17. &c

11. 25. 26

Rom 1.17 in faith and newnesse of life.

Q. Who obtaines this benefit by the Lords Supper;

As 2.37 A. Such as come with knowledge, faith  
2 Cor 11 repentance and love.

28

Q. What is Prayer?

Mat 6.9 &amp; c

Luk 11.7.14

16.17

Psa 101.4

Col 3.17

A. A craving of those things at Gods hands, which we want, and a thanking him for those we have.

Q. When doe men Pray aright;

A. When they pray onely to God in the Name of Christ, asking things lawfull to his glory, with Faith, feeling, and love.

Q. What be the private meanes?

Gen 24.63

&amp; 18.19

Dan 9.2

&amp; c.

Luk 21.34

Mat 10.34

Mat 9.9

A. Reading, and Prayer, alone, and with others instructing our Families thinking upon good matters admonishing and comforting one another, and watching over our owne wayes according to the word.

## A MORE BRIEFE

Summe: wherein the for-

ty forty Questions and

Answers are brought  
to foure.

Q. What is the Summe of the first Point?

A. The

A. That every man by nature is a most vile and cursed creature a nemy to God bondslave to sinne & Satau, and an heire to eternall condemnation.

Gen 6, 5  
Psa 51, 43  
Ioh 3, 6  
Rom 5, 10  
Ephes 1, 2

Q. What is the sum of the second point?

I, 3

A. That the onely meanes to free us out of this miserable estate and to make us truly happy and holy is Iesus Christ alone, and the same apprehended onely by faith.

Acts 4, 12  
26, 15, 18  
Heb 2, 14  
Ioh 1, 12

Q. What is the sum of the third point?

A. That whosoever doth truly beleene in Christ Iesus, is a new creature daily dying to sinne and rising a gaine to righteousness and holines, &c.

Rom 6, 2  
& 8, 1, 2  
& c, 8, 7  
2 Cor 5, 17

Q. What is the sum of the fourth point?

Col 3, 1

A. That whosoever will continue a new creature and increas in Grace, must continually use both the publike and private meanes which God hath appointed for that end.

Pro. 29, 18  
Amos 8, 12  
Rom, 10  
14, 15  
Exod 20, 8  
& 31, 15

A forme of examining such as are to receive the Lords Supper, divided into two parts.

*The first part.*

Q. Wherefore do you desire to receive the Lords Supper?

A. Because it is the Ordinance of God:

2 Timothy 1:12  
1 Cor 13 appointed by him to confirme my faith.

4.25 Q. Doe you then finde weaknesse of  
Rom 4. 11 faith in your selfe?

Mar 9. 24 A. I do indeed finde that my faith is  
Luk 17. 5 feeble and needeth strengthening.

Q. How perceiue you that?

1 Sa 119. 10 A. By my coldnesse in prayer, want  
Rom 10. 14 of Love, zeale, Repentance, and good  
1 Cor 7. 16 workes.

Q. How else?

Luk 7. 47 A. By my feare of death, desire of life,  
Phil 12. 3 love of the world and such like.

1 Ioh 2. 15 Q. These doe plainly argue a weaknesse  
of faith: but haue you faith at all or no?

1 Cor 5. 1 A. Yea for I am truly perswaded of  
Phil 3. 20 mine owne saluation by Iesus Christ  
Gal 3. 20 alone.

Q. What is the ground of your per-  
swasion.

Rom 10. 17 A. The ground of my perswasion is the  
Eph 1. 15 free and grations promise of God revealed  
in the Gospell.

1 Ioh 3. 16 Q. What is that promise?

A. That whosoever belecue in the onely  
begotten Son of God shall not perish, but  
haue everlasting life.

1 Cor 1. 8 Q. Why do you belecue this promise?

Heb 11. 19 A. Because God, who hath so freely made  
1 Ioh 10. 29 it, is both able and faithfull to performe it and p

or 2.9 Q. God is st

Q. God in his owne nature is Almighty and most true, but what further assurance have you hereof?

A. His Word is sufficient: yet tendering Heb 8. 17 any infirmity he hath bound it with an oath and set to his seale;

Q. How doth he set to his Seale

A. By the ministry of the Sacraments Rom 4. 11 which the Apostle calleth the seales of the righteousness of faith

Q. Why doth he call them so;

A. Because by them God doth assure us and every faithful Receiver, that Christ is mine with all his benefits.

Rom 8. 19

Q. What be those benefits?

10

A. They be six: Election redemption, 2. Cor 3. 30 Justification Sanctification, Adoption and Intercession.

*Election.*

Q. What is Election.

Eph 1. 4

A. Our being chosen of God the father in Jesus Christ to, life everlasting before all eternity.

Q. What is Redemption?

A. Our deliverance from all our enemies, Sin, Death, and hell.

*Redemption*

Q. What is Justification?

Luke 7. 47

A. Christs making of sinners accepted Luke 1. 14 and perfectly righteous in Gods sight, by Col 2. 14 his own righteousness imputed and Gal 3. 8

uen unto them.

**Sanctification.**

**Q.** What is sanctification :

Apoc 20.6  
Luc 1, 75

**A.** Our holinesse begun in this life, and to be perfected in the life to come,

**Mortification.**

**Q.** What be the parts of Sanctification :

**Vivification.**

**A.** Two: whereof the first is the Spirits killing of sinne in us and the other his enabling us to walke in newnesse of life.

Rom 6, 11  
**Adoption.**

**Q.** What is adoption :

Ioh 1, 12

**A.** It is the Fathers making sinners his children and Heires of his Kingdoms in Christ.

Rom 8, 17

Eph 1, 5  
1 Ioh 3, 2

**Q.** What is intercession :

**Intercession.**

Heb 2, 17

& 4, 14

**A.** The vertue and efficacy of Christs death and obedience presenting himselfe to God for us.

**Wisdome.**

Rom 5, 18

19

1 Cor 1

30, 31

1 Cor 6, 7

Luk 21, 28

Prov 8, 3

**Q.** Why doth the Apostle say, that Christ is made unto us of Gods wisdom :

**A.** Because as his righteousness, so his wisdom is imputed and given to us that beleue in him.

**Q.** Why doth he set redemption in the last place :

**A.** Because we are not fully freed from all misery till after death.

Mat 28, 20

Acts 3, 39

Rom 10, 23

**Q.** And are you sure to be confirmed in all these, by the use of this Sacrament :

**A.** yea verily for God will not faile to blesse his owne ordinance to every one that useth it aright.

**Q.** wh



**Q** Who are they :

**A** Onely such as haue knowledge of Religion, Faith in Christ, Repentance for their sinnes with love to God and all men, <sup>Mat 5, 2</sup> <sup>44, 45</sup> <sup>As 8, 37</sup> <sup>Ro. 14, 23</sup> even their enemies.

**Q** Haue you all these :

**A** Ye : I thanke my God, in some competent measure, thou my wants be many and great, <sup>1 Co. 13, 7</sup> <sup>Heb 11, 6</sup>

*The second part.*

**Q** Let me heare the sum of your Faith :

**A** I beleee in God the Father. &c,

**Q** How many things doth this ancient and Apostolike beliefe teach you : <sup>Faith or sum of the Gospell</sup>

**A** It teacheth me what to beleee first concerning God, and secondly concerning the Church of God.

**Q** What beleeeue you concerning God :

**A** That there is one God, and three persons: the Father, the Sonne, and the Holy Ghost. <sup>Mat 28, 10</sup> <sup>1 Ioh 5, 7</sup>

**Q** What beleeeue you concerning the Father :

**A** That he made me in the beginning in his owne Image, and will guide us forever to his owne glory, <sup>Gcn 1, 26</sup> <sup>Psal 73, 24</sup>

**Q** What else :

Eph 1. 3 4

5.

A. That he hath chosen me before all beginnings in Iesus Christ, to be his childe and therefore I am bold to call him Father.

Q. What beleeve you concerning Iesus Christ;

Ioh 20. 18.

Rom 4. 19

2 Cor 6. 20

A. That he is my gracious Lord: because by his death I am freed from death and sinne, and by his obedience I have righteousness and life.

Q. What else;

Rom 1. 34

Phil 3. 20

21

Heb 2. 28

A. That he maketh most effectual intercession for me in heauen whence he shall come in due time, to deliver me from all misery.

Q. What beleeve you concerning the holy Ghost?

Eph 2. 8

2 Cor 3. 6

&amp; 17. 4

Luk 11. 28

Mat 12. 20

Eph 2. 18

1 Cor 2. 12

Gal 5. 5

2 Col 12. 4

Gal 5. 22

33

A. That he being the power of God joyned me to God, and maketh me (and all Gods elect) partakers of his mercy of the Father, and the merit of the Son.

Q. What else?

A. That is he alone who worketh all spirituall graces in me, and to make to all good meanes profitable unto me.

Q. What beleeve you concerning the Church?

Gen 43. 26

Ioh 11. 14

A. That there is, and hath beene from the beginning, a number, whom the Father

ther

all be both chosen, and the Sonne redeemed,  
and whom the holy Ghost both sanctifie  
and glorifie for ever.

*Q.* What else;

*A.* That I being one of the number en- <sup>1 Ioh 3.7</sup>  
joy the forgiveness of my finnes in this <sup>Acts 24.15</sup>  
life, and that in the end of the world my <sup>2 Cor 5.2</sup>  
body shall rise and be ioyned to my soule in <sup>Col 3.4</sup>  
eternall happinesse.

*Q.* Seeing the rule of Love is the Law of <sup>Law of God</sup>  
God, contained in the ten Commandments  
teach us in generall?

*A.* I am the Lord thy God &c.

*Q.* What do these ten Commandments  
rehearse the words;

*A.* To love the Lord thy God with all <sup>Deut 6.5</sup>  
our hearts, and with all our soules, and al <sup>Mat 22.37</sup>  
our might: and our neighbors as our selves <sup>Mat 2.30</sup>

*Q.* How many of them concerne the  
worship and service of God;

*A.* The foure first wherein I am char- <sup>Mar 4.10</sup>  
ged to yeeld to God alone the true and <sup>Ioh 4.13</sup>  
spirituall worship, which he hath prescribed  
in his word.

*Q.* What be the chiefe Branches of Gods  
true worship?

*A.* They are chiefly six: that is, know-  
ledge Faith, Love, Feare, Thankfulness  
and Prayer.

Q How must we loue God:  
 Mat 22, 30 A Unfeignedly, with all my heart, soule,  
 thought, and strength.

Q How may this loue appeare:  
 Deu. 6, 13 A If I cleave unto him with my heart,  
 Ioh 22, 5 worship him with my body, honour him  
 Esa, 58, 13 with my tongue and life, and carefully keepe  
 Acts 11, 3 his Sabbath:  
 2 Cor 6, 20

Q What is the summe of the other six  
 Commandements:

A That whatseuer I would that  
 Mat 22, 12 men should doe unto me even so I doe un-  
 James 2, 8 to them and that I love my Neighbour as  
 my selfe.

Q How may this loue appeare.

A If I reuerence and respect every man  
 Com 5 according to his calling, yeres, gifts, and  
 conuiction with my selfe.

Q What else?

A If I doe tender his life, and eue ry  
 Com 6, 7 thing that is deare unto him: that I doe  
 8, 9, 10 not willingly so much as let my thoughts  
 wander to hurt him.

Q Whence comes the Graces of Know-  
 ledge, Faith, Repentance, and Loue?

A From God my heavenly Father the  
 Ioh 1, 7 constant Author and Fountaine of all good  
 Ioh 1, 17 things.

Q Doth he giue them to all men;

A No:

A No: but to them that aske in faith  
gibeth liberally, and upbraideth them  
of.

Q Haue you any sound patterne of holy  
prayer;

A Where be many in the Scriptures, Gen 24. 12  
but none comparable to the Lords Prayer & 32, 9 &c  
as a perfect patterne and full direction to  
follow by.

Q Rehearse it;

Ans. Our Father which art in Hea-  
uen &c.

Acts 2, 26

Q Need you use no other forme but this

Marth 6, 9

A Yes: but I must haue an eye to this  
and may faithfully that in my particular  
prayers in this.

Q Why so:

Ioh 12, 38

A Because it containeth whatsoever  
concerneth the glory of God, good of his  
Church comfort of my body and saluation  
of my soule.

Eph 6, 18

Q Are the Creed and Commandements  
to be used as Prayers;

1 Tim 4, 4

A No: but praying we are to craue  
strength to beleue that which is contained  
in the Creed: and to practice that which is  
contained in the Commandements.

Luk 11, 13

& 23, 42

Luk 17, 5

Heb 13, 20

21

Another familiar maner of Instruction, the most plaine and easie of all the which Parents and Masters may with great fruit propound to their Families, especially to their Families before  
*the Communion.*

**Q.** Rehearse the Commandements ?

*Law showing mans misery, and the rule of this life.*

**A.** I Am the Lord thy God, which have brought thee out of the Land of Egypt, out of the house of bondage

1 Thou shalt have none other Gods but me.

2 Thou shalt not make to thy selfe any graven Image, nor the likenesse of any thing, that is in Heaven above, or in the earth beneath, or in the Water under the earth : thou shalt not bow downe to them, nor worship them for I the Lord thy God am a iekalous God and visit the sinnes of the Fathers upon the Children, to the third and fourth generation of them that hate me : and shew mercy unto thousands in them that love me, and keepe my Commandements.

3 Thou shalt not take the Name of the Lord thy God in vaine. For the Lord will not hold him guiltlesse, that taketh his name in vaine.

4 Remember that thou keep holy the Sabbath day, Six dayes shalt thou labour and doe all that thou hast to doe but the seuenth Day is the Sabbath of the Lord thy God: in it thou shalt doe no manner of worke thou and thy sonne, and thy daughter, thy man servant and thy maid servant thy cattell, and the stranger that is within thy gates. For in six dayes the Lord made Heauen and Earth, the Sea, and all that in them is, and rested the seauenthy day: wherefore the Lord blessed the seauenthy Day, and hallowed it.

5 Honour thy Father and thy Mother: that thy dayes may be long in the Land which the Lord thy God giveth thee.

6 Thou shalt doe no Murther.

7 Thou shalt not commit Adultery.

8 Thou shalt not Steale.

9 Thou shalt not beare false witnesse against thy Neighbour.

10 Thou shalt not couet thy Neighbours house, thou shalt not couet thy Neighbours wife, nor his servant nor his Maide, nor his Oxe, nor his Ass, nor any thing that is his.

Q. Can you keep all these Commandments;

A. No; I break them daily in thought, <sup>Sinne.</sup> word and deed. <sup>James 3. 2</sup>

Q. How

Rom 17.14

Q How so?

A Because the Law of God is spiritual and I am carnall, sold under sinne.

Q What doe they deserve that keepe not the Law of God;

Deu. 27  
26

Rom 9.2; fire euer after.

A The curse of God with all the miseries of this life, and the punishment of Hell

Q By what meanes, or by whom may wee hope to haue deliverance from this Curse;

A Onely by Iesus Christ the eternall Sonne of God.

the remedy  
Acts 4.11

Q Shall all men haue deliverance by him?

A No: but onely such as beleeue in him

Gal 2.20

A 16.31

Faith.

Q What is to beleeue in Christ:

A To be truly perswaded in heart that by him our sinnes are forgiven, and we made the children of God.

Q Rehearse the sum of your beleeefe:

Summe of

Faith

Helpe.

Gal 5.22

Rom 10.17

A I beleeue in God the Father Almighty, &amp;c.

Q How doe men come by Faith:

A By the working of the Holy Ghost through the preaching of the Word.

Q How are they confirmed and strengthened in Faith:

A 20.32

A By the same Word, and also by the Sacrament.

Q Ho



**Q.** How many Sacraments are there: Sacraments

**A.** Two: Baptisme, and the Lords Supper.

**Q.** What doth Baptisme teach and assure us of.

**A.** That our finnes are forgiven and washed away by the sufferings and bloodshed of Jesus Christ, enen as the body is washed and cleansed by water. 1 Pet 3. 21  
Act 22, 16

**Q.** What doth the Lords Supper teach and assure us of.

**A.** That by the same Jesus Christ our soules are nourished to eternall life. enen as our body is fed by bred and wine to a temporall life. Ioh 6, 4, 5

**Q.** What meanes must we use besides:

**A.** One speciall meanes that we are directed to use, is faithfull and hearty prayer to God in the name of Jesus Christ. Prayer.  
1 thess 5, 17

**Q.** Rehearse that Prayer that Jesus Christ hath taught us.

**A.** Our father which art in heauen &c.

**Q.** How many Petitions be there in this prayer:

**A.** Six: the three first whereof concerne the glory of God.

**Q.** VVhat doth the three last concerne;

**A.** The necessities of our owne soules and bodies.

**Q.**

*Certain Rules.*

**Q.** Why doe you pray first that God may be glorified:

**A.** To teach us that wee are to preferre

Ioh 12. 18 the glory of God before our owne good.

28

Rom. 9. 3

Certain Rules for the direction  
of a Christian life.

*Watchful-  
ness*

Mal 2. 17

Luk 12. 35

& 12. 34

*Redeeming  
the time,*

Eph 5. 16

Col 4. 5

3 Cor 7. 29

1 Pe 4. 23

Psal 90. 12

*1 ye dowie  
and rise  
with God*

Psal 3. 5. &

48. & 38

Prov 3. 6

2 Cor 10

31

*et per*

*go before a*

*bu'in se.*

Col 3. 17

Gen 24. 12

Neh 2. 3

**K**eepe a most narrow watch ou-  
thine owne heart, words and deed  
continually, not giuing liberty to wan-  
ding thoughts and lusts.

2 Bee wise and carefull to redeeme the  
time which hath beene wickedly & idly,  
unprofitably spent: bestowing no more  
time in worldly matters then must needs.

3 At night lye down in peace, thank-  
ing God for his benefits and recom-  
pensed thy selfe to him for the sinnes of the day  
past. In the morning let him haue the first  
place in the heart; committing thy selfe and  
all thy wayes to his gracious govern-  
ment, and consecrating them wholly to his  
Glory.

4. Goe to no place, frequent no compa-  
ny undertake no businesse, trauell  
whatsoever, without hearty prayer intreat-  
ing God in the name of Iesus Christ, for the  
obtaining of his holy Spirit, and mercifull  
protection.

In like manner forget not to performe  
thy holy Duty, when thou receivest any  
mercy from God whether it be from Ap-  
parell, Recreation or any thing tending  
to the health of thy body, or comfort of thy  
soule: neither be so bold as to deale  
with any of the Creatures of GOD, till  
thou hast prayed and praised the Creatour  
thereof.

6 As prayer must goe before and at-  
company at all the blessings of GOD, so it  
must follow the fruition of them. And ther-  
fore, herein let every Christian let before  
him the example of Christ and his Apo-  
stles who after they had received their bo-  
dy and spirituall foode, and enjoyed the  
company one of another, and gave thanks  
unto the Father.

7. And though prayer be a spirituall  
thing and consists chiefly in the attention  
to the inward kinde of the mind: yet for the  
better quickning of the heart and affection  
the tongue and voice be used as oft as  
conveniently thou maiest, least dullness and  
drowsiness creape upon thee.

If your calling and estate will possib-  
ly beare, it let some time of the day be set  
apart for priuat prayer, Meditation and  
reading of the Scripture, or some other  
choise

Let Prayer  
be joynd  
with all  
blessings

1 Tim 4. 4.  
Mat 14. 19

Let Prayer  
follow the  
fruition of  
all Gods  
blessings.

Mat 26. 31

In Praising  
use the  
tongue and  
voice

Psa 16. 9. &  
30. 12. &  
24. 1.

Set aside  
some time  
for godly  
exercise

1 Cor 14. 30  
Dan 6. 11

choise

*TO be thought upon.* choice **Worke** that may best further you in knowledge and practice of true godliness.

Ier 12, 1, 6 Bend your mind to thinke often and earnestly upon the workes of God: as his creating and governing the world, punishing or punishing the wicked blessing or correcting his children in this life: with the eternall torment appointed for the one and the unsearchable glory layd up for the other.

*The workes of our Redemption, a speciall worke,* 10 But above all the workes of God think upon the glorious and gracious worke of thy Redemption by Iesus Christ: whereby that the holy Angels doe admire and desire to pry into: herein behold the sweet harmony, and happy conjunction of the infinite mercy and justice of God and death meeting together; and take comfort and delight herein with thanksgiving.

*But especiall of thy self must be thought upon* 11 Marke the life and behaviour of the wicked to avoid their steps. and of the godly, to provoke thy selfe to a holy imitation of the like course, marke also the death with like diligence, and thinke seriously upon thine owne death, how thou must shortly lye downe in the dust and part with whatsoever delight thou doest here enjoy that this may breed in thee a contempt of the world & a longing after the life to come.

12 Obſerue daily how ſinne dyeth and  
weakened in thee, and be carefull to ſhun  
one ſinne as well as another : and looſe not  
thy firſt love (as the moſt part doe) and de-  
light in the word and worſhip of God  
and in the fellowſhip of his Saints : but  
ſtrive and ſtrive againſt thy ſinnes : re-  
new thy Covenant with God for that end.

13 When you be in Company, haue a  
care to receiue and doe good : and not hurt  
either by your Speech or ſilence, Counte-  
nance or Example : and abſeind as rocks,  
ſwearing and backbiting, and the like,  
common ſinnes againſt the third and ninth  
Commandements. Let not God, or any  
word or worke of his be mentioned but  
with feare : or any man named, but with  
love and due regard of that royall Law,  
Whatſoeuer yee would &c

14 Amongſt all other thinges ſeeke to  
approue thy ſelfe to D D D, his Children  
and thine owne Conſcience, touching thy  
charge and behauiour in that perticular  
place and calling wherein God hath ſet  
thee, and towards thoſe perſons with  
whom God hath joynd thee : and if thou  
be a ſeruant, in obeying thy Maſter, ſer-  
uing him with feare and ſinglenesse of  
heart : if a Maſter, in guiding thy Family

according to the word : if a Husband : if  
 loving his wife without bitterness : if a  
 wife . in reuerencing thy husband,

Take heed  
 of perform  
 ing holy Du  
 ties for fast  
 ion sa c.

Heb 3. 12

1 Tim 3. 5

Heb 4. 2

Esa 1. 11. 14

Mat 15. 8

Rev 3. 1. 5

15 Finally because, the corrupt nature  
 of man is so prone to prophaneesse and  
 hypocrisie, that when men are once come  
 so farre as to use the outward exercises of  
 religion (without marking in what man  
 ner, with what feeling, fruit and profit to  
 their soules they use the same) they please  
 themselves : take heed of this deceit of  
 Satan, and keepe thy soule with all dili  
 gence, that those duties be not made mat  
 ters of course and custome , without care  
 and conscience to grow better thereby.

**THE FORMER RULES EXPRESSED**

The former Rules expressed  
 in meeter by a godly  
 minister

A

Pro 4. 24 Acquaint thy selfe most narrowly,  
 Lu 21. 24 Thy minde and heart, and life to watch,  
 Iosh 7. 21 Lest idle thoughts and noysome dreares  
 Gen 29. 7 Doe wicked lusts and dealings haue.

B

Ephes 5. 16 BE wise and carefull to redeeme  
 Psa 10. 10 Thy precious time to holy deeds,  
 Math 6. 23 Let not these earthly matters base  
 Luk 10. 41 Consume more houres then they must needs.

42.

Call

**A**ll to minde (when night is come)  
Thy finnes that day to crave release;  
thinke on Gods favours, him to praise,  
hat so thou mayest lye downe in peace.

**D**

**O**th Mourne approach and sleepe depart;  
First lift thy minde to God on high:  
Commit thy selfe and wayes to him,  
And vow to serve him faithfully.

**E**

**E**Nter upon no kinde of worke;  
But crave Gods Spirit thee to direct:  
Goe to no place nor company,  
But pray from ill, Lord, me protect.

**F**

**F**orget not, when thou mean'st to use  
Gods creatures, or his mercies sweete,  
For soules delight, or bodies health,  
To crave his leave and blessings meet.

**G**

**G**ive unto God due thanks and praise,  
When comfortable use thou hast  
Of any of his blessings good:  
Or else he counts them spent in wast.

**H**

**H**old this for sure, that in true prayer  
The hearts desire the chiefest thing,  
Yet voyce will helpe the same to warme:  
And banish dulnesse and wandring.

**I**

**(I**F possibly thou canst it find)  
Set out some time of every day  
To muse, to pray, and reade good bookes;  
That grace and conscience increase may.

**D**

*Psa 55. 27*

*Gen 6. 10*

*Psa 4 8 6. 6*

*Ruth 3. 13*

*Gen 28. 16*

*17. 18. 19*

*Psa 90. 14*

*11 & 27. 8*

*Gen 24. 12*

*& 22. 23*

*1 Sam 17. 37*

*Mat 1. 10*

*& 8. 4.*

*1 Tim 2. 4*

*1 Sam 9. 9*

*Mat 14. 19*

*Mark 6. 31*

*Dut 8. 10*

*& 32. 1*

*Psa 68. 1*

*Mat 26. 3*

*John 4. 2*

*Exod 14. 1*

*1 Sam 1. 1*

*Psa 5. 2.*

*& 6. 9. &*

*30 12. 11*

*164*

*Gen. 24. 6*

*Psa 55*

*Dan 6. 20*

*Prov 16.*

*Mat 10. 1*

*Iob 9. 21*

**Kepte**

**K**eepe heart and mind much bent to thinke  
How God hath made and ruleth all :  
How here he deales with good and bad,  
How differ in the end they shall.

**L**ike best to ponder Christ his workes ;  
How he thee sav'd from sinne and shame ;  
And made the heire of Paradise,  
Delight therein and praise his Name.

**M**Arke well the lives of good and bad ;  
Consider eke the ends of both,  
To moove thee for to imitate,  
The vertuous man, and sinners loath.

**N**urture thy soule with thoughts of death,  
That needs thou must from thence remove.  
(Leaving thy wealth and dearest things)  
To fix thy minde on heaven above.

**O**bserve how thy corruption dyes ;  
Let not thy dearest sinne deceive thee :  
why shouldst thou count that sweet or good,  
which may of glory quite bereave thee.

**P**RACTICE Gods worshiP with delight ;  
Ioy in the godlies company :  
with God thy covenant oft renew ,  
Mourne for thy sinne, and it descie.

**Q**uech not thine owne or others spirit,  
By idle or unsavory speech :  
Let thy behaviour every where,  
All good, no ill, to others teach.

**R**efearse no name, no worke, nor word  
Of God without high reverence ;



Take of no man but lovingly,  
though it be in thy defence.

S

Take to approve thy selfe to God,  
Thy conscience and Gods children deare,  
dealing in thy calling, and  
with such to whom thou art most neare.

T

Take heed, lest Satans craft (by meanes,  
Of natures bent hipocrisie,  
And to prophaneesse) make thee use:  
Religious duties formally.

V

Use not the same for fashion sake,  
Or for thy credit, but with care  
Try God to please, that in the end  
both soule and body well may fare.

W. L.:

Exod 20.16  
Psal 15.3

Aes 24.16  
1Thes 4.14  
2Thes 3.6  
Eccles 5.22  
25. & 1.5.9  
Exod 10.7  
Ephes 6.11  
Ierem 17.7  
Rom 15.16  
Mat 15.8  
& 6.5.6 &  
19.29.30  
Aes 5.29

### Grace before Meat.

**M**ost gracious God and loving Fa-  
ther, wee humbly beseech thee to for-  
gieve vs all our finnes. be present with  
us and blesse vs. Give us grace to receive  
them thankfully as from thy hand, and to  
use them soberly as in thy sight, to thy  
glory and our owne comfort, through Je-  
sus Christ our Lord, Amen.

Blesse good Lord, holy Church, our  
gracious king, his royall progeny, and  
Realmes. & send us eternall life, through  
Jesus Christ our Lord.

Anoth.

Another.

**H**eavenly Father we humbly beseech thee to pardon all our sinnes, where by we have made our selues unworthy of the least of thy mercies. Let not thy good creatures provided for us, be an occasion of dishonouring thee, disordering our selues, or offending our brethren, but so sanctifie them to vs, and us to a wise and sober use of them that we may thereby be made more fit to doe thee service, procure the good of our brethren and follow the duties of our callings, to thy glory and our owne salvation through Iesus Christ our Lord. Amen.

Blesse Lord, &c

Another.

**M**ercifull father we most humbly beseech thee to forgive us our sinnes. Glorious good lord, so to blesse our meeting, meate and drinkes, that thereby our health may be continued, brotherly love increased, and we made every way more able and willing to walke before thee in Duties of Christianity and our callings, to thy glory, our owne salvation, and the good of others, thorough Iesus Christ our Lord.

Ano.

Graces.

Another.

**O**rd, we beseech thee to pardon our  
sinnes, and sanctifie the food which  
thou hast provided for us. Grant that ha-  
ving so many pledges of thy love we may  
bless thee in our hearts and in our beha-  
viour: to thy glory and our owne saluti-  
on, through Jesus Christ our onely Media-  
tor and Advocate.

Graces after meate.

**W**e humbly thanke thee, O Lord  
heavenly Father, for refreshing  
our fragile bodies with thy good Creatures  
beseeching thee likewise to feed our soules  
with thy lively word that we may glorifie  
thee both with our soules, and with our  
bodies through Jesus Christ our Lord.

Lord bless the Church &c

Another.

**H**onour and praise be unto thee O  
Lord Heavenly Father for all thy  
mercies bestowed upon us, and for thy  
foode we have now received of thy bound-  
less full hand. Make us thankfull for it, and  
give a blessing to it: that thereby our  
health and strength may be continued for  
the better performing all holy duties of  
Christianity, and our severall callings to  
thy

Our Lord  
is not made  
with God,  
must be re-  
newed.

Mal 4. 8.  
& 16. 3.  
Neh 9. 28.  
Psa 19. 106

In Company  
beware of  
breaking the  
third and 9  
command-  
ments

Eph 4. 29  
& v. 26.  
Dut 18. 58  
Mat 7. 12

thy glory and our comfort, through Jesus  
Christ our Lord.

Another

**B**lessed be thy name, most gracious  
God and loving Father, for feeding  
us now and at all times. We beseech thee  
to pardon, and passe by all our sinnes and  
infirmities, whereby heretofore, and at  
this time we haue offended thy Maiesty,  
and grant that we may hereafter keep, and  
more carefully watch over our hearts and  
wapes, to thy glory and our comfort  
through Jesus Christ our Lord.

Another

**B**lessed Lord, we beseech thee to make  
us truly thankful to thy goodness for  
all thinges, and for thy loue the found-  
taine thereof, and for Jesus Christ the  
foundation of thy loue, & for all other fruits  
and tokens of thy fauour, and for the good  
we haue now receiued: which we pray  
thee to bless vnto us that we may  
be the fitter to do the service  
through Jesus Christ  
our Lord

Amen.

FINIS

Men walk-  
ing in their  
particular  
ratings the  
Touchstone  
of Relig on

Tit 2. 10  
1 Pet 3. 4  
2 Tim 2. 20  
Math 23. 5  
26. 27. 28  
Ier 7. 9. 10.  
Iph 4. 5. 25  
& 5. 1. 78.

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